

## 予 定 献 立 表 (使用量)

園児食以上児

C

産地が複数ある場合は、加工工場の所在を記載しております。

|             |  |      |  |    |  | 昼                  |  |      | 329人 |    |  |               |  |      |  |    |  |         |  |  |  |  |  |
|-------------|--|------|--|----|--|--------------------|--|------|------|----|--|---------------|--|------|--|----|--|---------|--|--|--|--|--|
| 可食量(g)      |  | 総使用量 |  | 産地 |  | 可食量(g)             |  | 総使用量 |      | 産地 |  | 可食量(g)        |  | 総使用量 |  | 産地 |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 白飯110g             |  |      |      |    |  |               |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | こめ 水稻穀粒精白米 50      |  |      |      |    |  | 1.645 k g 北海道 |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 豚肉のケチャップ焼き         |  |      |      |    |  |               |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 豚肉 カット5cm幅2ミリ 19.7 |  |      |      |    |  | 6.481 K g 北海道 |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 塩・こしょう 0.03        |  |      |      |    |  | 0.039 本 日本    |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 米粉 0.6             |  |      |      |    |  | 0.197 K g 日本  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | トマトケチャップ 3         |  |      |      |    |  | 0.987 k g 日本  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | JFSAとんかつソース 0.6    |  |      |      |    |  | 0.11 kg 日本    |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | ホールダイスカットトマト 3     |  |      |      |    |  | 0.387 缶 イタリア  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | サフラワー油 1.2         |  |      |      |    |  | 0.024 缶 日本    |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | コーンコロッケ            |  |      |      |    |  |               |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | ジェフサコーンコロケ 30      |  |      |      |    |  | 329 個 中国      |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 揚げ油 3              |  |      |      |    |  | 0.06 缶 日本     |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | ほうれん草とツナ           |  |      |      |    |  |               |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | ほうれん草 冷凍 14        |  |      |      |    |  | 4.848 K g 中国  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | ツナ 2               |  |      |      |    |  | 0.658 k g タイ  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 塩・こしょう 0.07        |  |      |      |    |  | 0.092 本 日本    |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | サフラワー油 0.8         |  |      |      |    |  | 0.016 缶 日本    |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 金平ごぼう              |  |      |      |    |  |               |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | ごぼう水煮笹切り 15        |  |      |      |    |  | 4.935 K g 中国  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 人参 5               |  |      |      |    |  | 1.935 K g 日本  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 刻み揚げ(冷凍) 3         |  |      |      |    |  | 0.987 k g 日本  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 斜めカットいんげん 3        |  |      |      |    |  | 0.987 k g 中国  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | サフラワー油 1.2         |  |      |      |    |  | 0.024 缶 日本    |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | ごま油 1              |  |      |      |    |  | 0.329 Kg 日本   |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 合成清酒 1             |  |      |      |    |  | 0.329 k g 日本  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | みりん 1              |  |      |      |    |  | 0.183 本 日本    |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 上白糖 1              |  |      |      |    |  | 0.329 K g 日本  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | おいがっお 1            |  |      |      |    |  | 0.329 k g 日本  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 濃口醤油 1             |  |      |      |    |  | 0.329 k g 日本  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 味の素 本だし 0.1        |  |      |      |    |  | 0.033 k g 日本  |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 種無しぶどう             |  |      |      |    |  |               |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  | 種無しぶどう 30          |  |      |      |    |  | 9.87 K g 日本   |  |      |  |    |  |         |  |  |  |  |  |
| エネルギー - 0   |  |      |  |    |  | 0                  |  |      |      |    |  | 0             |  |      |  |    |  | 0       |  |  |  |  |  |
| 蛋白質 0       |  |      |  |    |  | 0                  |  |      |      |    |  | 0             |  |      |  |    |  | 0       |  |  |  |  |  |
| 脂質 0        |  |      |  |    |  | 0                  |  |      |      |    |  | 0             |  |      |  |    |  | 0       |  |  |  |  |  |
| 食塩 0        |  |      |  |    |  | 0                  |  |      |      |    |  | 0             |  |      |  |    |  | 0       |  |  |  |  |  |
| 加味 0        |  |      |  |    |  | 0                  |  |      |      |    |  | 0             |  |      |  |    |  | 0       |  |  |  |  |  |
| 炭水化物 0      |  |      |  |    |  | 0                  |  |      |      |    |  | 0             |  |      |  |    |  | 0       |  |  |  |  |  |
| エネルギー - 408 |  |      |  |    |  | 9.9                |  |      |      |    |  | 13.2          |  |      |  |    |  | 0.5     |  |  |  |  |  |
| 蛋白質 9.9     |  |      |  |    |  | 13.2               |  |      |      |    |  | 0.5           |  |      |  |    |  | 334     |  |  |  |  |  |
| 脂質 13.2     |  |      |  |    |  | 0.5                |  |      |      |    |  | 334           |  |      |  |    |  | 59      |  |  |  |  |  |
| 食塩 0.5      |  |      |  |    |  | 334                |  |      |      |    |  | 59            |  |      |  |    |  |         |  |  |  |  |  |
| 加味 334      |  |      |  |    |  | 59                 |  |      |      |    |  |               |  |      |  |    |  |         |  |  |  |  |  |
| 炭水化物 59     |  |      |  |    |  |                    |  |      |      |    |  |               |  |      |  |    |  |         |  |  |  |  |  |
|             |  |      |  |    |  |                    |  |      |      |    |  |               |  |      |  |    |  | * 一日計 * |  |  |  |  |  |
| エネルギー - 408 |  |      |  |    |  | 9.9                |  |      |      |    |  | 13.2          |  |      |  |    |  | 0.5     |  |  |  |  |  |
| 蛋白質 9.9     |  |      |  |    |  | 13.2               |  |      |      |    |  | 0.5           |  |      |  |    |  | 334     |  |  |  |  |  |
| 脂質 13.2     |  |      |  |    |  | 0.5                |  |      |      |    |  | 334           |  |      |  |    |  | 59      |  |  |  |  |  |
| 食塩 0.5      |  |      |  |    |  | 334                |  |      |      |    |  | 59            |  |      |  |    |  |         |  |  |  |  |  |
| 加味 334      |  |      |  |    |  | 59                 |  |      |      |    |  |               |  |      |  |    |  |         |  |  |  |  |  |
| 炭水化物 59     |  |      |  |    |  |                    |  |      |      |    |  |               |  |      |  |    |  |         |  |  |  |  |  |

## 予 定 献 立 表 (使用量)

園児食以上児

C

法令で規定する特定原材料7品目

|   |    |   |    |     |    |    |
|---|----|---|----|-----|----|----|
| 卵 | 小麦 | 乳 | そば | 落花生 | えび | かに |
| x |    |   | x  | x   | x  | x  |

表示を推奨する特定原材料20品目

|     |      |     |      |     |      |     |
|-----|------|-----|------|-----|------|-----|
| あわび | いか   | いくら | オレンジ | ナッツ | キウイ  | 牛   |
| x   | x    | x   | x    | x   | x    | x   |
| くるみ | ごま   | さけ  | さば   | 大豆  | 鶏    | バナナ |
| x   |      | x   | x    |     | x    | x   |
| 豚   | まつたけ | もも  | やまいも | りんご | ゼラチン |     |
| x   | x    | x   | x    |     | x    |     |